

Tea Menu

Harmony House Blend

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This wildly fragrant & naturally sweet tea is a harmonious blend of our select Oolong Tea and organic Rosebuds from the Shan Dong Province. Between a black and green tea, our Oolong select "Iron Buddha" is from the terraced mountains of Fu Jjian Province and is said to compliment savory foods and burn calories. Lovely hand picked Rosebuds improve circulation, aid digestion, and purportedly connect the drinker to a higher level of consciousness. Harmony House Blend is available for purchase in our gift shop.

Jasmine

2

Regarded and adored by the Chinese as the "world's best fragrance", this delicate green tea is naturally rich in nutrients, minerals, and polyphenols. While boosting metabolism, this aromatic tea has lower amounts of caffeine than oxidized tea and an impressive amount of vitamin C. It is said that Jasmine tea clarifies the mind.

Bo Lay

2

A longtime favorite of tea connoisseurs throughout the world, this black tea is fully fermented and the strongest of our selections. Recent studies found that regular consumption of this dark brew can reduce the risk of coronary heart disease by fifty percent. Long reported in China to prevent heart disease and stroke, British demand for this tea in the 1800's played a large role in the Opium Wars.

White Tea

2

From the Fu Jian province of China, this delicate tea is among the rarest in the world and produced on a very limited scale. Traditionally hand picked only at daybreak so that the buds remain unopened, this tea has considerably less caffeine than other varieties and contains more active cancer-fighting antioxidants than green tea. Characterized by a very mild flavor and gentle fragrance, it was until recently, a treat reserved for the elite.

Chrysanthemum

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A special grade of China's most popular herbal tea, it is well known for its cooling properties that help to decrease body heat. Very refreshing, it has a natural sweet fragrance and taste, and is caffeine free. Try brewing it with some rock sugar for additional sweetness.